

Captain Meares Elementary Secondary School joins the Breakfast Club

Contact:

Katrina Kornyllo, kornyllo@cablerocket.com

School:

Captain Meares Elementary Secondary School

Process:

At Captain Meares Elementary Secondary School (School District #84), we started a major initiative this year - the CMESS Breakfast Club. Every Friday morning at our school, I prepare breakfast for approximately 40 kids. We have two high-school students who help every time. The breakfasts range from cereal to bacon and eggs, we applied for a Breakfast for Learning Grant, which provided \$500. The rest of the money was raised through catering. In August 2008, we catered a luncheon to raise \$400 for the Breakfast Club. The Home Ec. class also catered a lunch in the fall which raised another \$300. In January, the Home Ec. class hosted a Cafe night to raise funds as well.

At our school, some of the students do not always come to school with breakfast in their tummies. We wanted to try to ensure a decent breakfast at least one day a week and to encourage a positive group atmosphere.

People Involved:

Katrina Kornyllo, high-school student helpers, friends and family.

Key changes or results:

On Friday mornings, the school is brimming with positive energy in the Home Ec. class. The Breakfast Club has established a warm and caring environment which is fun for all to attend - parents and staff too.

Challenges:

One of the biggest challenges is sourcing enough funding to support the breakfast program costs.

Solutions/keys to success:

We are very proud of the CMESS Breakfast Club and will continue to cater various events to keep it going. We hope to try to find other sources of funding so that we can offer two breakfasts a week.

Next steps: TBD

