

Rutland Senior Secondary School expands course offerings

School:

Rutland Senior Secondary, Kelowna.

Contact:

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Process:

At Rutland Senior Secondary in Kelowna, we have implemented several new initiatives to achieve a healthier school. We have given students the opportunity to workout before school in our weight room as many students have heavy academic loads and after school job and extra curricular commitments.

We have also expanded our intramural program to allow for both competitive and recreational athletes to participate.

People Involved:

School-wide.

Key Changes or results:

More student choices, such as Mixed Martial Arts, Advanced Dance, and Fitness.

Challenges:

Timetabling and qualified teaching staff, plus recruiting appropriate students.

Solutions/Keys to Success:

Partnerships with various Martial Arts Academies, YMCA, advocate to Parent Advisory Council and Administration of importance in students total education.

Next Steps:

Possibility of more sports academics to attract various students (i.e. Fast Pitch, Soccer, Golf etc.)

